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Lancashire Early Intervention Service
Hope – Health – Recovery

Early Intervention – What's The Point?



www.hope-health-recovery.org.uk
Email: info@hope-health-recovery.org.uk

Early Intervention – What's The Point?

It's for people aged between 14 and 35 with a first presentation of psychotic symptoms.

Individuals who have been treated for other difficulties, or who have previously experienced brief psychotic experiences* may also be referred for assessment by the team.

** brief, limited or intermittent psychotic symptoms (BLIPS) for less than one week and resolving spontaneously.*

Early signs of psychosis could be:-

- A loss of motivation.
- Behaviour and mood changes, social withdrawal and impaired role functioning.
- Anxiety.
- Panic attacks.
- Agitation.
- Sleep disturbance.
- Feeling tense and irritable.
- Confusion.
- Appetite changes.

These behaviours might be a brief reaction to stressful events like hassles at school or work, or trouble with relationships.

The important thing to look for is if these change, get worse, do not go away or cause significant concern and distress.

What is Early Intervention?

Early Intervention teams work with young people with psychosis and help them and their families to lead ordinary lives. Early Intervention aims to promote an individual's recovery from psychosis by:-

- Prevention.
- Early detection.
- More effective treatment at the beginning of the illness.

Why is Early Intervention important?

The longer the illness is left untreated, the greater the disruption to a person's family, friends, study and work.

The earlier psychosis is recognised and treatment commences, the better the outlook.

Want more information?

For further information on Lancashire Early Intervention Service please visit the EIS Website:-

www.hope-health-recovery.org.uk

or, if you prefer, you can send an email to the team at:-
info@hope-health-recovery.org.uk