



Cannabis and Mental Health

Does Cannabis cause Psychosis?

Cannabis use may cause a 'drug induced psychosis' which can last for up to a few days. It can also contribute to the development of longer-term serious mental illness.

Common symptoms of 'drug induced psychosis' include:-

- ❖ Auditory hallucinations (hearing voices that nobody else can hear).
- ❖ Visual hallucinations (seeing things that nobody else can see).
- ❖ Delusions (believing things that are not true).
- ❖ Jumbled up thoughts.
- ❖ Strange behaviour.

How does Cannabis affect somebody who is already experiencing psychotic symptoms?

Using cannabis when experiencing psychotic symptoms can both make the symptoms last longer and make it harder to recover from them.

Risks

People who have a history of mental health problems using cannabis can contribute to a relapse of psychotic symptoms.

Further Information

Up to date information on cannabis and / or other drugs can be found at:-

- ❖ www.talktofrank.com
- ❖ www.mind.org.uk

You can learn more about the Lancashire Early Intervention Service by visiting our website:-

www.hope-health-recovery.org.uk
Email: info@hope-health-recovery.org.uk