

East Lancashire Spoke Team

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Central & West Lancashire Spoke Team

1 Ashfield Road
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Tel: 01772 645761
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Fylde Coast Spoke Team

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Lancashire Early Intervention Service
Hope – Health – Recovery

Who are the Lancashire Early Intervention Service (EIS)?



Hope Recovery
Health

www.hope-health-recovery.org.uk
Email: info@hope-health-recovery.org.uk

Lancashire Early Intervention Service (EIS)

Talking about mental health can be really hard, especially if you are asked to talk about issues with a person who you do not know. Many people are frightened to ask for help because they do not know what is happening to them. Knowing where to get the right information can be difficult.

The Lancashire Early Intervention Service aims to provide practical advice, support, information and a better understanding to individuals and their families. ***Your views and experiences are important to us, therefore we invite all service users and carers to take part in ongoing research too improve the effectiveness and quality of the service we provide. This can be discussed with your Care Co-ordinator.***

The team consists of experienced mental health practitioners including nurses, social workers, occupational therapists, psychologists and doctors.

Our first meeting with you will allow you to discuss your current difficulties with members of our team. With your help we will be able to agree the best way forward. If you have any questions about our service prior to seeing any of our team do not hesitate to contact the Lancashire Early Intervention Service in your area.

East Lancashire: ☎ 01254 226930

Central & West Lancashire: ☎ 01772 645761

Fylde Coast: ☎ 01253 473661

We look forward to meeting you.

Who I might meet in the Lancashire Early Intervention Service?

Case Manager: These people can also be known as Care Coordinators. They are either nurses, approved social workers or occupational therapists. The Care Coordinator will listen to you

and work with you to ensure your needs are met. They will be your main point of contact.

My Care Coordinator is: _____

Telephone Number: _____

Consultant Psychiatrist: This is a doctor who has been trained to diagnose mental illness and prescribe treatment.

Psychologist: They offer different types of counselling and psychotherapy. This is called Cognitive Behaviour Therapy (CBT).

STR Worker: A STR Worker is also known as a support worker. They will work with the Care Coordinators delivering your package of care. They will provide some practical assistance to you.

Research Assistant: *If you are agreeable the Research Assistant will arrange to meet up with you and explain your role in research.*

You can learn more about the Lancashire Early Intervention Service by visiting our website:

www.hope-health-recovery.org.uk

Other Useful Contacts:

Rethink ☎ 020 7 330 9100 www.rethink.org

NHS Direct ☎ 0845 46 47 www.nhsdirect.nhs.uk

Samaritans ☎ 08457 90 90 90 www.samaritans.org